

# Leveraging Cutting Edge Sleep Scoring AI Saves iSleep Time

**How AI Scoring allowed iSleep's CEO and lead scoring technician time to reinvest in patient education and treatment, staff development, and new business opportunities.**

# EnsoSleep helps iSleep Get Back Time

Even though the iSleep Home Sleep Solutions team is relatively new to the Home Sleep Apnea Testing (HSAT) market, their process is highly efficient. However, for the team's CEO and lead RPSGT, John Hickok, there was one thing he was always short on: **time**.

That's why Hickok sent his team on a hunt for the best scoring solution for iSleep's needs. In their search, Hickok and iSleep's Project Manager, Brenton Urick, found EnsoSleep and reached out to the EnsoData team to discover what AI scoring could do for their HSAT operation.

The resulting switch from in-house sleep scoring to EnsoSleep AI Scoring **reduced scoring times at iSleep Home Sleep Solutions by 80 percent**.

**How much time did iSleep save?**

After switching to EnsoSleep AI Scoring, iSleep experienced an **80% reduction** in the time spent scoring home sleep tests.



# AI Scored while the Coffee Brews

One of the most valuable commodities a business owner can receive is **more time**. More time to meet with patients for treatment and care, the ability to get out of the office on time, and more time to engage and build relationships with your staff. Time often seems to be the resource that human beings need just a bit more of each day. And time is exactly what EnsoSleep gave back to the iSleep team.

With **EnsoSleep**, scorers could come in, fire up and sync the data from the night's tests up to the cloud, set up a pot of coffee while EnsoSleep worked in the background, and get to scoring before their first cup finished brewing.

Instead of scoring each test from scratch, scorers now leverage **AI scored sleep studies** and reinvest their saved time in other business activities.

“We’ve experienced significant time savings with EnsoSleep. On average, our scorers spent about **30 to 35 minutes** on scoring and report generation. That has been **reduced to around 6 minutes with EnsoSleep**. On average we are saving **80 to 100 man hours per month**, which translates into a cost savings of **thousands of dollars** per month.”

John Hickok, RPSGT, Founder & CEO  
iSleep Home Sleep Solutions



# On the Forefront of Sleep Technology

One thing that was evident in the in-depth conversation with Urick is the iSleep team's commitment to staying **on the cutting edge of technology** in the sleep market. Solely focused on HSATs, the team's affinity for technology was a primary spark in their search. When iSleep first heard about EnsoSleep's machine learning (ML) capabilities, their interest in the AI scoring solution skyrocketed.

Take it from Urick, who was thrilled to be among the early EnsoSleep adopters. From day one, iSleep has been impressed with the way EnsoSleep **interoperably** fits into their **current workflow**, saving time in the first month of implementation. Get in on the ground floor today with EnsoSleep **AI scoring** at your health system or private sleep lab.

**"We like to think that we're a forward thinking organization, and that's part of the reason we're using EnsoData. We're using the EnsoSleep AI to streamline our process, score studies and tests, and make the patient experience much quicker all around."**

*Brenton Urick, iSleep Home Sleep Solutions*

# Speed and Consistency are both Valuable

On average, Hickok and the team change **less than 10 percent** of the events in Enso-scored studies. With agreement levels consistently in the mid-90s with Hickok, his **confidence in the AI scored results** has skyrocketed. As that confidence grows, scoring speeds improve, and time is opened up for alternative business activities.

For iSleep Home Sleep Solutions, finding EnsoSleep's AI sleep scoring was the ideal solution in their search for more time in the day. **Consistent results, in a matter of minutes**, ready for their scoring team to review. That's the EnsoSleep winning formula.

If you'd like to learn more about how EnsoData's AI Scoring can help your sleep operation, [click to request a demo](#).

“Both speed and quality are of great importance to us, our clients, and our patients. With EnsoSleep, we don't have to compromise on either. EnsoSleep is extremely fast and accurate. That allows our staff to focus on providing the highest level of care. The AI scoring process has allowed us to reduce our overhead and utilize our staff in a more efficient capacity.”

**John Hickok, RPSGT, CEO & Founder  
iSleep Home Sleep Solutions**

